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FOR YOUR PLUMBING

Steam and Hot Air Heating, Lawrence Floor and House Paints, Varnish Stains and Japalac, Murex for Whitewashing, Garden Rakes and Wheelbarrows.

DEPOT SQUARE, BARRÉ, VT.

BUSINESS CARDS.

E. L. TAYLOR, DOCTOR OF OPTICS
No. 9 Morse Block, Main St., Barre.
Every Monday and Tuesday.
Office Hours: 9 a. m. to 12 m.
1:30 to 4 and 7 to 8 p. m.

PRICES VERY REASONABLE.

ARTHUR H. H. LEWIS, D. V. S.
Veterinary Surgeon.
Graduate of Western Veterinary College. Of-
fice: Fraser & Johnson's Stable, Res., 30
Pearl St., Telephone 407-2.

DR. GEORGE D. WARREN,
VETERINARY SURGEON.

Office: Page Brothers' Livestock Stable.
Residence: City Hotel, Tel. 106-4.

DR. C. H. KENT, Dentist.
MILES' BLOCK,
Telephone at Office and at Residence.

DR. LEWIS D. MARTIN,
OSTEOPATHIC PHYSICIAN.

Office in Room 20, Miles' Building. Office
Hours: 9 a. m. to 12 m. and 2 to 4 p. m. Mon-
day, Tuesday, Thursday and Friday.
Telephone Connection.

A. J. PARQUET.
Blacksmith, Horseshoer and Jobber.

Two good Horseshoers. Shop removed from
Seminary street to 20 Summer street, Barre.

The Union Mutual Life Insurance Co.
Of Portland, Maine.

Old and Reliable.

CHARLES A. SMITH, MANAGER FOR VERMONT.
Office with Scott & Carver, Miles' Granite Block.

Curb Stone and Underpinning
For Sale, finished or
in the rough.

Barre Medium Granite Co.
A. M. Morrison, Manager.

TEACHING, ACCOMPANYING, SOLO PLAYING
MISS MARY E. LEASE,
Organist Universalist Church, Barre.

Student in New England Conservatory of
Music, Boston, Under the care of Dr. Denes.
Plans, Mr. H. M. Dunham, Organist.
20 Summer Street, Barre, Vt.

SCIENTIFIC HORSE SHOEING.
Speedy cutting, knife cutting, interfering,
forging, shoeing and cross firing positively
done. All diseases of the horse's feet treated
with good success. Veterinary attention
free.

J. A. McLEOD, Registered Horse Shoer
Shop on Seminary Street, Barre, Vt.

**LIVERY, FEED
AND TRAINING STABLE**

Training Colts a special-
ty and Satisfaction
guaranteed.

H. C. YOUNG,
Tel. 112-22.

Williamstown, - - Vt.

Merchant Tailoring
Also Cleaning, Pressing
and Repairing.

MOORE & OWENS,
122 North Main St., - - Barre, Vermont

D. SICKLE, MERCHANT TAILOR
Ladies' and Gentlemen's Fur
Coats Repaired and Stored.

Ladies' and Gentlemen's Garments cleaned by
steam, pressed and dyed. Repairing neatly
done. Orders by mail will receive prompt at-
tention. Depot Square, Barre, Vt.

We are sole agents for Vermont
for the New England Adamant Co.

**Calced Plaster, Adamant,
Unsawed Wall Plaster and Pulp**

We guarantee any of our Plasters
to adhere to any kind of sur-
face. Frost has no effect on same be-
fore drying. Will harden in 24 hours.
As cheap as ordinary Lime Plaster.

Special price on carloads.

FORSYTH & INGRAM,
Barre, Vermont, - Foot of West Street.

J. W. DORNSIFE
CONTRACTOR AND BUILDER

CHURCHES AND HEAVY STRUCTURES
OF ALL KINDS A SPECIALTY.
STRUCTURAL AND CONSTRUCTION ENGINEER
BURLINGTON, VERMONT

BLOCK SYSTEM INEXPENSIVE.

One-tenth of the Annual Net Earnings
of Railroads Would Pay the Bill.

Arguing for the installation of the
block system on American railroads,
Carl Snyder, in the April Everybody's,
says:

"As to the expense involved, there
are no figures. The expense is not
great. According to the statements
furnished me by the signal companies,
the average cost of the most approved
automatic block is from \$600 to \$1,500
per mile of single track; that of Con-
trolled Manual, not more than half of
this. Probably on less than one-half
of the total mileage is modern block
required; let us say on 100,000 miles of
main track. To equip all the part now
uncovered would require scarcely \$80,-
000,000. To equip every mile of the
remainder with ordinary telegraph
block would cost perhaps not \$15,000,-
000 more—that, the outside \$75,000,000.

"This year the gross income of
American railroads will probably exceed
\$1,000,000,000. Three per cent.
of the entire sum (one tenth of
the net earnings over and above op-
erating expenses) would foot the bill for
complete block signaling."

MUST GO TO PRISON.

Dr. Force, a Prominent Methodist, Con-
victed of Stealing.

St. Paul, Minn., March 29.—The state
supreme court yesterday decided that
Dr. Jacob F. Force of Minneapolis, must
serve three and one-half years in the
state prison. The court held that he
had been rightfully convicted of appropri-
ating funds of the Northwestern
National Life Insurance company while
he was its vice-president. Dr. Force
was convicted in May, 1906. He is
about 65 years of age and a prominent
member of the Methodist church. After
his conviction Dr. Force was released
on bail and is now supposed to be in
California.

There is more Catarrh in this section of the
country than in other diseases put together,
and until the last few years was supposed to be
incurable. For a great many years doctors
pronounced it a local disease and prescribed
local remedies, and by constantly failing to
cure with local treatment, pronounced it in-
curable. Science has proven Catarrh to be a
constitutional disease and therefore requires
constitutional treatment. Hall's Catarrh Cure,
manufactured by F. J. Cheney & Co., Toledo,
Ohio, is the only constitutional cure on the
market. It is taken internally in doses from 10
drops to a teaspoonful. It acts directly on the
blood and mucous surfaces of the system.
They offer one hundred dollars for any case it
fails to cure. Send for circulars and testi-
monials.

Address: F. J. CHENEY & CO., Toledo, Ohio.
Take Hall's Family Pills for constipation.

Anti-Itis Cures
Cold on the Chest

For Sale by E. A. Drown.

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THE INERTIA OF OLD AGE.

How Senile Decay May Best Be Com-
bated.

The principles of inertia in as well
established in human nature as in the
world of matter where the moving ob-
ject must stop at last unless the propul-
sive power is eternal. There is some-
thing in all of us that is caused by the
thought of suspended activity, of let-
ting go the impulse by which our en-
ergies and activities are moved. It is
this sentiment, strongly entrenched, that
composes so many epiphanies, judged con-
soling, about eternal sleep, endless re-
pose, unbroken rest after life's painful fev-
er. Sweet fallacy, caressing idea, not
based on what we know of human en-
ergy, nor the analogies on which we pin
our faith of a future existence! For
eternal sleep, endless rest, can be but
another mode of expressing annihilation,
a painful idea to contemplate even
for those who have given up the hope
of immortality.

It is strange that, though extinction
is abhorrent to the soul, the thought of
endless rest is a secret sedative that
soothes and comforts the mind. The
vague idea of the suspension of the men-
tal powers is more familiar to us than
any positive source of sorrow. Death,
have taken a strong hold on human imagi-
nation. Old age and its remitted labors
seems to many a gradual preparation for
the final sleep that, perhaps, shall know
no waking. The rooted belief that at a
certain period of life, say 70 years,
should follow records of people who lived
without taking note of the almost in-
finite variety of temperaments, heredi-
tary endowments, vital force and men-
tal capabilities, is probably responsible
for more latitudinarianism and senile
decay than any other cause.

It is curious that the idea of the bible
should include records of people who lived
several centuries and were hale and
vigorous at the advanced period of 100
years, and also include the statement
that man's years are threescore years
and ten, and any term over and above,
say fourscore years, is attended by la-
bor and sorrow.

Men and women are obliged to
retire, though perfectly capable of doing
good service in active life a few years
longer, because of the prejudice against
the old in business. But if this forced
to get out of harness when their experi-
ence and acquired ability ought to be
especially valuable, it is a pity to retire
into the conviction that a quiet corner
and a stagnant life is the only refuge
for the old. At a certain period of life
inert habits and the sleepy comfort of a
warm fireside, tenderly nursed, quickly
break down the energies of mind and
body. The belief that one is superan-
nated often leads to superannuation.

Reflex vigor is like letting go of the
flashing spear that is to save the life of a
shipwrecked man.

The mental powers are kept awake by
alert interest in their stimulation. The
notion that one is laid on the shelf and
needs no more bracing of mind or body
is very apt to end in putting one there.

The idea that the time has come to
adapt the faculties of mind and body to
very apt to put brakes on the vital en-
ergies. For what is the sedentary habit
but the sitting habit in contradistinction
to the active, walking and exercising
habit that so many people believe may
be safely given up at some specified
period of life, whether the physical pow-
ers be feeble or strong. Undoubtedly
senile decay is often the result of lying
in bed or sitting too much and exercising
too little. To grow into a chair may
be the means of growing out of active
interests, intellectual sharpness and
acuteness of thought and perception that
prevents the slothful body from destroy-
ing the function of mind. The rusty
sawdust sits up the sword it sheathes.

Undoubtedly, owing to greater ease,
relaxed hardship, more variety of pleas-
ures and enjoyments, longevity is in-
creasing; but length of life is not to be
desired if it cannot be made useful and
efficient to the end. Surely to hang like
a withered apple on the tree of life until
the late winter winds shake us down is
not an enviable fate. To save others
from bearing a torpid and inert burden
should be an incentive to the exercise
of all the preservative means within our
power. We should disabuse our minds
of the notion that any hard and fast
line has been drawn by nature between
the active and inactive ages. While hu-
man beings remain fit, they ought to be
active at any time of life; and it is a
business, as far as in us lies, to preserve
and extend fitness to the remotest term
of our allotted years.

We should watch carefully that impor-
tant epoch of life when the desire to
become inert is in danger of overcoming
the good habit of open-air living, breath-
ing, and exercising when the freddie may
become a tyrant, and too much sleep a
caressing but dangerous drug.

There is no dread so poignant as the
fear of losing the athletic habit of the
mind, the power to grasp and hold ideas.
But the mentally sedentary slip into this
state by degrees, a little more indolence
each day, and the fatal thing has
happened. The mind is dulled and re-
fuses to grasp principles. More and
more it reverts to childish dreams, to
the neglect of living interests, falls out
of touch with the present and the future
in a vanished past, fantastically dressed
by memory. Why should we feel that
second childhood is inevitable? Are
there not glorious examples of aged peo-
ple who, by exertion of will, the care
to keep awake, to brighten constantly
by use the mental powers, have never
fallen into any kind of decrepitude, but
have kept alert and interested with vivid
hopes and anticipations, with broad sym-
pathies, with enlarging faith, and bright-
ening vision up to the very moment
when nature called bedtime—Christian
Register.

**Best Health and Comfort to Mother and
Child.**

DR. WINSLOW'S INFANT SYRUP, for
children teething, softens the gums, reduces
inflammation, allays all pain, and cures whoop-
ing cough. Perfectly safe in all cases. We would
say to every mother who has a suffering child,
do not let your prejudice, nor the prevalence of
falsehood stand between you and the relief that
this medicine will surely bring. Price 25c a bottle.

TIP TOP CIGAR.
Most Popular Cigar in Barre

GEO. M. MARRION,
CORNER CIGAR STORE.

Mileage Books on all Roads.

J. S. SWINGLE,
Quincy, Mass.

GRAND UNION HOTEL
Opposite Grand
Central Station
NEW YORK CITY.
Rooms
\$1 a day and upward
Baggage to and from sta-
tion. Free on receipt of 2-cent stamp.

Supplies the Explanation.

The valet one morning was brushing
his master's clothes. He introduced in
the procedure a startling innovation. He
made a careful search of all the pockets.
In the pocket of a new waistcoat
he found a note for \$100.00.
Therewith he took out his pipe, sig-
nified, and said:

"For the waistcoat's sake it's a thou-
sand pities, but there's nothing else to be
done. I must make a hole in this
pocket large enough for the sovereign to
slip through."—Tit-Bits.

THE N. D. PHELPS CO.,
136 N. Main Street, Barre, Vt.

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ABOUT THE STATE.

Items of Interest Gleaned From Our
Exchanges.

The Bennington sap gatherers ran
across a number of lively grasshoppers
recently.

Something new in ice cutting occurred
in Wolcott last week when the work
proceeded in a thunder storm.

C. D. Ashley, of Montpelier, has a
daily New York Sun printed Septem-
ber 3, 1833, size, 9 by 11 1/2 inches,
which is quite a relic.

George J. Chase, of Essex Junction,
who is over ninety-two years old,